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PHYSICS LETTERS A

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# Roll waves on flowing cornstarch suspensions

N.J. Balmforth<sup>a,b</sup>, J.W.M. Bush<sup>b</sup>, R.V. Craster<sup>c,\*</sup>

<sup>a</sup> *Departments of Mathematics and Earth & Ocean Science, University of British Columbia, Vancouver, Canada*

<sup>b</sup> *Department of Mathematics, MIT, 77 Mass Av., Cambridge, MA 02139, USA*

<sup>c</sup> *Department of Mathematics, Imperial College London, South Kensington Campus, London, SW7 2AZ, UK*

Received 1 December 2004; accepted 9 February 2005

Communicated by C.R. Doering

## Abstract

We report a traveling wave instability in low Reynolds number flows of aqueous concentrated suspensions of corn starch. The experimental observations are difficult to reconcile with theoretical predictions based on simple rheological models which indicate that flows are stable at low Reynolds number.

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## 1. Introduction

Aqueous suspensions of corn starch show several remarkable features, as many know from observations in the kitchen, or from dining hall trials in English schools; these result from its non-Newtonian rheology. One salient property is an apparent shear thickening: it possesses a resistance to flow that *increases* with the flow rate. For example, a probe, when gently applied, slides easily into the material; however, when rapidly inserted, it encounters considerable resistance, and causes the surface to almost solidify and even fracture. Alternatively, a compressed handful of corn

starch suspension appears dry and temporarily solid; it can be crumbled and easily breaks. However, when allowed to relax, it appears to melt and flow away. The time over which this change occurs reflects a relaxation timescale, such as exists for viscoelastic fluids. Nevertheless, the material is not commonly thought of as an archetypal viscoelastic fluid and has never been shown to exhibit some of the classical viscoelastic rheological features, such as the rod climbing of a rotating spindle, open siphoning, or the elastic recoil of a filament.

Although a commonly encountered material, to our knowledge, only two fluid dynamical experiments with cornstarch suspensions have been reported. Most recently, Merkt et al. [1] performed the Faraday experiment with corn starch suspensions, uncovering some novel flow dynamics. In particular, they found that

\* Corresponding author.

E-mail address: [r.craster@imperial.ac.uk](mailto:r.craster@imperial.ac.uk) (R.V. Craster).

1 persistent “holes” appear in the vibrated fluid layer,  
2 with surrounding elevated collars, which they attribute  
3 to the shear-thickening property of the material. Sec-  
4 ond, Simpson [2] reported the formation of waves on  
5 a flowing layer of custard (which is cornstarch with  
6 flavouring), meant as a laboratory analogue of a de-  
7 bris flow. Simpson’s observations remain unquantified  
8 experimentally and unexplained theoretically, and our  
9 purpose in the present Letter is to record efforts in this  
10 direction.

11 Instabilities on flowing films of water are an every-  
12 day phenomena, being seen on gutters and windows  
13 on rainy days, and have a well-established theoretic-  
14 al rationalization in terms of the linear instability of a  
15 uniform flow [3,4]. This is the so-called Kapitza prob-  
16 lem, for which theory predicts that instabilities arise  
17 when the Reynolds number,  $Re = UH/\nu$ , based on the  
18 surface flow speed,  $U$ , and depth,  $H$ , exceeds a critical  
19 value of order unity ( $\nu$  is the kinematic viscosity). The  
20 instability prompts the growth of what are commonly  
21 referred to as “roll waves” [5,6], which resemble prop-  
22 agating hydraulic jumps. The surprising property of  
23 the corn-starch suspensions reported by Simpson [2],  
24 and examined in greater detail herein, is that similar  
25 waves arise, but at Reynolds numbers (defined in terms  
26 of an effective viscosity) far below the critical value  
27 appropriate for a Newtonian fluid. We proceed by re-  
28 porting the results of an experimental investigation of  
29 this phenomenon, indicating how they run counter to  
30 current theoretical explanation, and discussing a num-  
31 ber of physical mechanisms that might be responsible.

## 32 2. Experiments

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36 Experiments were conducted on the flow down a  
37 constant incline of a concentrated solution of corn  
38 starch in water. We used a number of brands of com-  
39 mercially available cornstarch (e.g., Arco, Safeways).  
40 The laboratory set-up involved a rectangular chute,  
41 10 cm wide and 1.5 or more meters long, fed up-  
42 stream from a reservoir whose level was kept roughly  
43 constant by continually adding fluid. By changing the  
44 angle of inclination, we were able to vary flow speed  
45 and depth. Typical fluid thickness were of the order of  
46 0.5–1 cm; flow speeds were in the 1–10 cm/s range.  
47 We also varied the concentration of the cornstarch in  
48 solution; suspensions slightly in excess of 1 part corn-

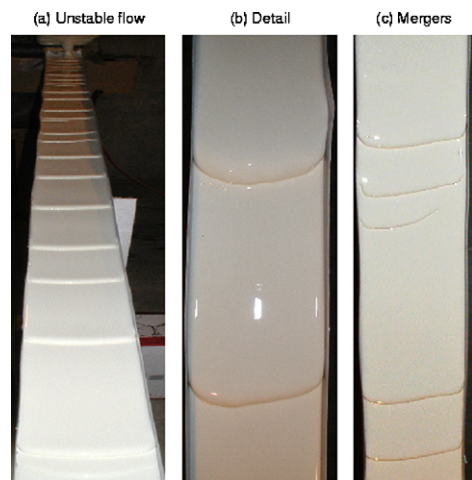
49 starch to 1 part water, by weight, were those marked  
50 by the most pronounced surface waves.

51 If the fluid were Newtonian, the force of gravity  
52 down the plane, associated with the gravitational ac-  
53 celeration  $g \sin \theta$  (where  $\theta$  is the angle of the plane  
54 and  $g \approx 9.81 \text{ m/s}^2$ ), would be balanced by that stem-  
55 ming from the viscous shear stress,  $\mu u_{zz}$  ( $\mu$  being the  
56 viscosity, and orientating a two-dimensional Cartesian  
57 coordinate system so that  $z = 0$  denotes the inclined  
58 plane,  $x$  points directly downslope, and  $(u, w)$  denote  
59 the velocity field). This demands that

$$60 \frac{\nu U}{H^2} \sim g \sin \theta;$$

61  
62 hence,  $Re = UH/\nu \sim U^2/(gH \sin \theta)$ . For the roll  
63 wave typically seen on water films, the fluid is mil-  
64 limeters in depth and flows at centimeters per second  
65 on a shallow slope of perhaps 10 degrees. This indi-  
66 cates a Reynolds number of order 10 or more, which  
67 is comfortably above the critical value of  $(5/4) \cot \theta$   
68 [3,4] anticipated for the Kapitza problem. For our  
69 cornstarch solutions, on the other hand, assuming that  
70 the flow is controlled by an equivalent viscous shear  
71 stress, we observe waves at effective Reynolds num-  
72 bers of order 0.1 or less.

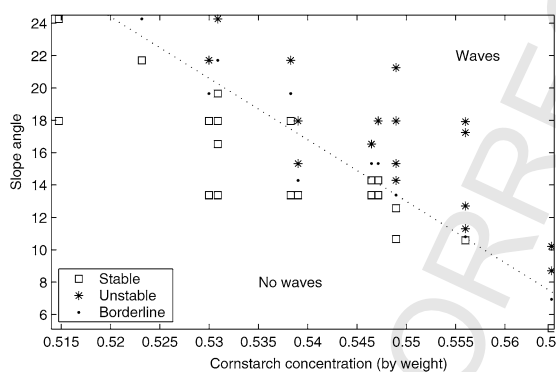
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74 Photographs of the roll waves are shown in Fig. 1(a)  
75 and (b). Naturally arising perturbations at the inlet  
76 seed growing, propagating disturbances that steepen



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Fig. 1. A typical experimental view of (a) developed roll-waves,  
(b) a detailed view of a pair of waves, and (c) merging waves at  
a downstream location; to give an idea of scale, the width of the  
chute is 10 cm.

1 into an unsteady train of waves. Near initiation,  
2 the waves are remarkably regular, and fairly evenly  
3 spaced, with a wavelength of a few centimeters. They  
4 quickly grow and reach relatively large amplitudes;  
5 the heights of their crests can be a significant fraction  
6 of the fluid depth. There is a range of crest heights  
7 and as a result, the waves travel with different speeds,  
8 overtaking one another in their progression down the  
9 chute. The collision of two waves leads to merger into  
10 a larger wave. Thus the wavetrain undergoes a process  
11 of coarsening, as illustrated in Fig. 1(c), which is typ-  
12 ical of many non-linear wave propagation problems  
13 (e.g., [7]). Both the initial wavelengths and the coars-  
14 ened wavelengths further down the channel showed  
15 little dependence on the chute inclination. In most of  
16 the flows, there was little cross-stream variation of the  
17 roll-wave profiles (except near the side walls), and  
18 what remaining structure emerged appeared to stem  
19 from perturbations at the inlet (but see the remarks be-  
20 low regarding aged material). However, it could well  
21 be possible that the roll wave develop transverse vari-  
22 ations through secondary instabilities in wider chan-  
23 nels.

24 Though a range was observed, wave speeds typi-  
25 cally exceeded the mean flow speed by approximately  
26 33–50 percent. The structure of the waves is also dis-  
27 tinctive: the fluid surface appears to be advected with  
28 the waves, creating a characteristic caterpillar action  
29 as the disturbances “roll” over the fluid layer ahead.



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43 Fig. 2. Flows with and without unstable roll waves, plotted on a  
44 graph of slope angle against concentration (fraction of cornstarch  
45 by weight). The stars show flows in which waves appeared to am-  
46 plify as they propagated downstream, the squares represent flows  
47 in which the waves appeared to decay, and the dots show cases that  
48 seemed borderline between those two behaviours. The lines are a fit  
to the data.

49 This is particularly evident at the front of the current,  
50 which progresses through a series of surges.

51 Lastly, by varying the inclination, we observe what  
52 appears to be a critical threshold in slope below which  
53 small waves initiated at the top of the chute no longer  
54 grow or persist as they propagate, but instead decay.  
55 The dependence of critical angle on concentration is  
56 presented in Fig. 2. The critical angle is difficult to  
57 establish for two reasons. First, and less importantly,  
58 the chute is not sufficiently long to state definitively  
59 whether a small disturbance grows or decays over the  
60 duration of the experiment. Second, even though it is  
61 clear that small amplitude waves decay in the “stable”  
62 regime in the experiment, it appears that larger  
63 amplitude disturbances are able to persist and survive.  
64 In other words, finite-amplitude effects significantly  
65 complicate the identification of the threshold slope.

### 66 3. Other observations

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70 *Jitter* In addition to the main wave generation  
71 process, the flow of the corn starch suspension ex-  
72 hibited another curious feature resembling a superim-  
73 posed high-frequency jitter or flutter. More precisely,  
74 the large-scale flow of the material appeared to gener-  
75 ate a high-frequency vibration in a manner reminiscent  
76 of the generation of acoustic waves by flow in a com-  
77 pressible fluid. The jitter could be seen clearly at the  
78 crests of the roll waves, where the caterpillar-like over-  
79 turning motions vibrated with periods of order 0.1  
80 seconds. However, simply pouring the material from  
81 one receptacle to another also excited the vibrations,  
82 to the degree that they could be easily felt on holding  
83 one of the containers. This process was also presuma-  
84 bly responsible for creating substantial agitation at  
85 the inlet, which in turn seeded the roll waves them-  
86 selves.

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96 *Ageing* After repeating experiments over the course  
of several days it became clear that the properties of  
the corn starch suspensions were slowly evolving, pre-  
sumably owing to some combination of evaporation  
of the suspending fluid and the swelling of the starch  
grains. For example, the material used in the experi-  
ment illustrated in Fig. 1 was fresh (prepared an hour  
before the experiment). Leaving the suspension for a  
period of a day or two led to partial separation be-



Fig. 3. Roll waves on fluid layers of aged material. The second panel shows an experiment in which the inclination was steeper than that shown in the first panel.

tween the cornstarch and suspending fluid; however, remixing produced a suspension that appeared much the same as before. When the flow experiments were repeated at this time, the roll waves that appeared were markedly different: the critical slope angle increased, the roll-wavelength was visibly smaller, the instability appeared to saturate at much lower amplitude and there was little sign of coarsening. Snapshots of the re-run experiment are shown in Fig. 3. Transverse variations in the roll-wave profiles were also evident in several of the flows of aged material, with wave patterns propagating across the stream even in our relatively narrow channel. We note that solutions of one particular brand of cornstarch (Challenge-ACH food companies, inc.) behaved more like the aged suspensions of the other brands.

#### 4. Theoretical background

The main theoretical problem posed by the cornstarch suspension is characterizing its rheology. Existing studies suggest that the suspension can be shear thickening (and even thinning over some ranges of applied shear) [1] and show a definite relaxation time,

much as we anticipated on observational grounds. However, there is currently no accepted rheological model for this material. Instead, in the absence of such a model, we review known theoretical results for commonly used models of shear thickening or visco-elastic fluids.

Shear-thickening behaviour is captured in the standard power-law fluid model, for which the viscosity,  $\mu$ , depends on the local deformation rate,  $\dot{\gamma}$ :  $\nu = K \dot{\gamma}^{n-1}$ , where  $n$  and  $K$  are constants ( $n > 1$  implies shear thickening). Long-wave stability theory [8] establishes that the critical Reynolds number for this flow,  $Re = U^{n-2} H^n / K$ , is given by  $Re = Re_c \equiv (2n + 3)/(4 \tan \theta)$ . (For  $n = 1$  we recover the familiar Newtonian result of Benjamin [3] and Yih [4].) The critical threshold increases with  $n$ , and so shear thickening fluids (with  $n > 1$ ) are *more* stable than Newtonian and shear thinning ones. Thus, the observed behaviour of the cornstarch suspension cannot be rationalized in terms of shear-thickening rheology alone.

Roll waves have been observed on mud flows (kaolin suspensions) in laboratory flumes [8,9], and mud is usually thought to be a shear-thinning viscoplastic fluid. The experimental observations suggest critical Reynolds numbers that are much higher than those observed for our cornstarch suspensions, and the observed wavelengths of muddy roll waves are much longer than those seen in the cornstarch suspensions. Unlike cornstarch, the observations for mud are consistent with theoretical predictions based on standard rheological models for viscoplastic fluids [10]. Interestingly, the theory applied to shear thickening, viscoplastic fluids [10] suggests that yield stresses could substantially lower the critical Reynolds number. However we observed that cornstarch suspensions show negligible yield stresses, draining from inclined surfaces over long timescales to very thin films.

Long-wavelength stability theories have been presented for a number of archetypal viscoelastic fluids [11,12]. In particular, for the Oldroyd-B model, it has been shown that elasticity can be destabilizing: the critical Reynolds number is lowered by an amount proportional to the dimensionless polymer relaxation rate, the Deborah number. If the relaxation and shear rates are comparable, the dynamics is likely to be strongly influenced by the elasticity. In our experiments, both the observed relaxation rate (inferred roughly from the time taken for compressed, rigid, material to return to

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1 a fluid state after compression is released) and shear  
2 rate are of order one Hertz. The possibility thus ex-  
3 ists that the viscoelastic behaviour of the material is  
4 responsible for the diminution of the critical Reynolds  
5 number. However, as previously mentioned, the corn-  
6 starch suspension is not usually thought of in the same  
7 vein as polymeric, viscoelastic fluids. Moreover, it has  
8 been questioned previously whether this type of vis-  
9 coelastic instability could ever be observed [12].

10 Roll waves have also been reported on flowing  
11 granular layers [13]. The theory used to rationalize  
12 this phenomenon is based on shallow-fluid models  
13 akin to the St. Venant model of hydraulic engineering.  
14 Simple friction laws model the granular fluid stresses,  
15 and yield some agreement between theory and obser-  
16 vation. However, the flow speeds required for wave  
17 formation are well above those encountered in our  
18 cornstarch suspensions, and more in line with those  
19 encountered for Newtonian viscous films.

## 22 5. Discussion

23  
24 In summary, we are unable to rationalize the ap-  
25 pearance of roll waves at low Reynolds number in  
26 cornstarch suspensions by adopting a simple rheolog-  
27 ical model. To provide an answer to this puzzle, more  
28 studies are required on this material, both at the micro-  
29 scopic and macroscopic levels, in order to characterize  
30 its rheology. Because we have no convincing theoret-  
31 ical explanation, we can only speculate as to possible  
32 mechanisms.

33 Most obviously, the cornstarch suspension could  
34 be visco-elastic, and the known stability results for  
35 Oldroyd-B fluids [12] might hold the key to the puz-  
36 zle. However, Oldroyd-B fluids are not shear thick-  
37 ening. Nevertheless, more general versions of that  
38 constitutive law (such as the Oldroyd-8 family) can in-  
39 corporate shear thickening in simple steady shear and  
40 extensional flow [14]. The question then arises as to  
41 whether one can fit rheological measurements of corn-  
42 starch suspensions to such a model.

43 Alternatively, wave excitation at low Reynolds  
44 numbers could be attributed to a jamming phenom-  
45 enon as may arise in highly concentrated suspen-  
46 sions [15,16]: a localized perturbation may jam parti-  
47 cles together into a coherent structure that accelerates  
48 to collect and jam further particles into a growing

49 mass. Related notions have appeared in other contexts,  
50 such as in thixotropic fluids where it has been sug-  
51 gested that particle interaction can lead to a viscosity  
52 bifurcation and thence instability [17,18]. In a sense,  
53 this behaviour results from what might be called “con-  
54 stitutive instability”, which is also a common concept  
55 in non-Newtonian fluid mechanics, primarily for vis-  
56 coelastic fluids [19,20].

57 Another possibility is related to the idea that the  
58 suspension develops inhomogeneity: suspended parti-  
59 cles are known to migrate in solute, leaving regions  
60 of high shear or boundary layers [21]. Effective slip in  
61 the particle-depleted layers, both internal and at a wall,  
62 can result from this (a phenomenon that plagues rhe-  
63 ologists). A similar dynamic sorting arises in media  
64 like wet sand, where shear perturbs the solid matrix  
65 from its state of optimal packing, thus increasing the  
66 fluid fraction at the base of the layer. In both cases, a  
67 more viscous, particle-rich layer develops over a less  
68 viscous layer. A stick-slip instability is then a possi-  
69 ble consequence, as is interfacial instability due to  
70 the abrupt change in effective viscosity [22]. Although  
71 such explanations are appealing, it remains unclear  
72 whether the form of the resulting instability could re-  
73 semble roll waves.

74 For the observed high frequency jitter, could there  
75 be a link to three other phenomena? First, the flow  
76 of compressible fluids can generate acoustic waves  
77 (e.g., [23]). Second, elasto-plastic materials suffer  
78 what is referred to as “flutter” instability [24], which  
79 takes the form of unstable propagating waves with  
80 speeds near those expected for shear and compres-  
81 sional waves. Third, the avalanching of so-called  
82 singing or booming sand and fluidized granular me-  
83 dia may produce acoustic signals [25,26]. In all three  
84 instances, a relatively slow flow generates high fre-  
85 quency wave-like disturbances.

86 Whatever the physical origin of the observed phe-  
87 nomenon, we hope that our study will motivate further  
88 investigations of this curious material.

## 91 Acknowledgements

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93 We thank Anthony Pierce, Bud Homsey, Omar  
94 Matar and Gareth McKinley for helpful discussions,  
95 and John Simpson for drawing our attention to this  
96 problem.

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